



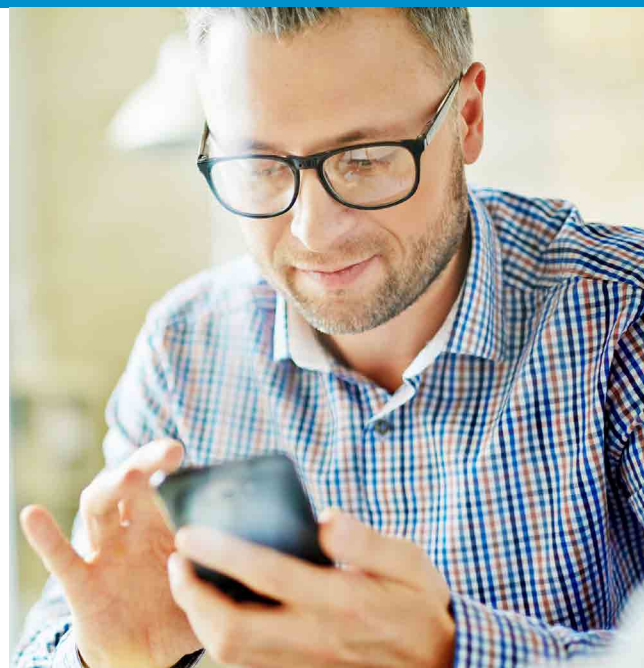
Managing a health condition can be tough — your Care Team is here to help.

Your Care Team includes nurses and clinical professionals who work hand-in-hand with your doctor, so you can have peace of mind knowing we care.

Your plan includes these services at no extra cost:

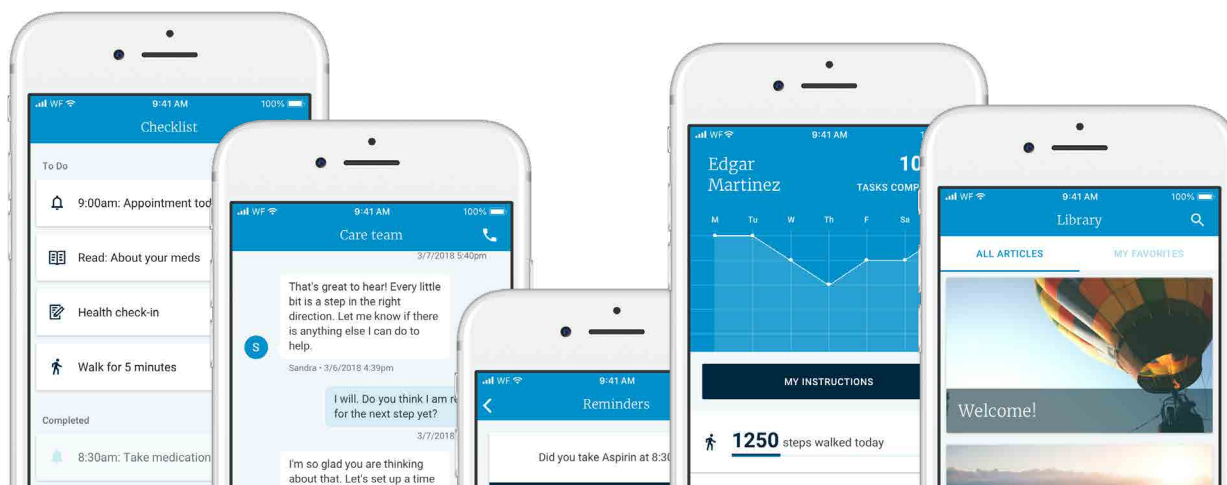
- ✓ Dedicated nurses and other clinical professionals focused on helping you reach your health goals
- ✓ Access to community resources that help with transportation, food, finances and more

With the BlueForMe app, you can connect to your care managers and the health resources you need, when you need them.



What's available on the BlueForMe app?

- ✓ You can **Chat** with your Care Team. Your care manager can answer medical questions. They can also connect you to services. They can give support whenever you need it.
- ✓ Your **Checklist** will have a daily list of tasks to complete and helpful articles to read about your health.
- ✓ You can set up **Reminders** on your phone to help you keep track of your medications and appointments.
- ✓ The **Me** tab shows a summary of your progress.
- ✓ Read articles about your health in your **Library**.



Want more information about how we can support you?
Call us at 844-730-2583 (844-730-BLUE).



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